Coast to Coast Cardiology

www.CCCvetService.com

PATIENT JOURNAL for _____

As a reminder, respiratory rates and heart rates that are outside of normal ranges for your pet can indicate an underlying problem that requires prompt veterinary attention

- To obtain a respiratory rate, count the number of times your pet breathes (in and out is one count) over 15 seconds, and multiply that number by 4 to obtain the respiratory rate per minute. Remember to take respiratory rates when you r pet is sleeping or resting, as rates can be affected by exercise, excitement, smelling, or purring.

- To obtain a heart rate, place your hand on the left side of your pets chest just underneath their elbow until you can feel the heart beating. Count the number of times their heart beats over 15 seconds, and multiply that number by 4 to obtain the heart rate per minute.

Date	Time	Respiratory Rate	Heart Rate	Comments/Other

Normal Values

Respiratory Rate: Below 30 breaths per minute is considered normal for both dogs and cats

Canine Heart Rate: Heart rates between 60 and 160 are considered normal

Feline Heart Rate: Heart rates between 120 and 220 are considered normal

Please alert Coast to Coast Cardiology or your Primary Care Veterinarian if you detect any measurements that are out of the ranges provided, or at any time if you are concerned about how your pet is doing.